

Omelets

\$8.95

*Our omelets are served with hash browns and your choice of a biscuit with country gravy, or toast and jam
Egg whites or Egg Beaters are available upon request for \$1.50*

The Dana Omelet

Chopped sausage and onions with jack cheese

California Omelet

Bacon, avocado and cream cheese

Mission Bay Classic

Bay shrimp, chopped onions, tomatoes, jack cheese, and sour cream

Spanish Omelet

Mild Ortega chilies and jack cheese topped with salsa and sour cream

The Lifeguard

Broccoli, mushrooms, bacon and cheddar cheese topped with sour cream

The Sunday Special

Asparagus, shitake mushrooms, artichoke hearts, roma tomatoes, and jack cheese

Build Your Own Omelet

\$6.95

Add as many items as you like for \$0.75 each

America Cheese

Avocado

Sausage

Jack Cheese

Bell Pepper

Bacon

Swiss Cheese

Onion

Sour Cream

Cheddar Cheese

Tomato

Salsa

Mushrooms

Ortega Chili

Hollandaise

Broccoli

Ham

Cream Cheese

Skillet Breakfast

Hearty meals served on a bed of roasted rosemary red potatoes, topped with two eggs, and your choice of a biscuit with gravy or toast

Mission Beach Skillet

\$8.75

Onion-scrambled eggs topped with country gravy and cheddar cheese

Old Town Skillet

\$8.50

Corned Beef hash and two fresh eggs any style

Meat Lover's Skillet

\$9.50

Hickory smoked ham, sausage, bacon and jack cheese tossed with scrambled eggs

Uptown Skillet

\$8.95

Sautéed spinach with green onions and bacon, poached eggs and hollandaise sauce

José's Traditional Family Breakfast

\$9.25

Served with Spanish rice, refried beans, and corn or flour tortillas

Machaca

Shredded spiced beef and scrambled eggs, seasoned with bell peppers, tomato, and onions, topped with cheddar and jack cheeses

Chorizo

Spicy Mexican sausage scrambled with eggs and topped with jack and cheddar cheese

Huevos Rancheros

Two eggs any style on corn tortillas topped with Spanish sauce and jack & cheddar cheese blend

Fabulous French Toast

Add Strawberries or Blueberries for \$1.50

Down-Island French Toast **\$7.50**

Hawaiian bread dipped in vanilla batter, grilled to a golden brown, topped with sliced banana and toasted coconut

Old Fashioned French Toast **\$5.45**

Thick slices of battered egg bread grilled to golden brown and dusted with powdered sugar

Tahitian Vanilla French Toast **\$7.95**

Served with fresh strawberries, toasted sweet-spicy walnuts, warm maple syrup and whipped cream

Wonderful Waffles

Add Strawberries or Blueberries for \$1.50

Belgian Waffle **\$6.95**

Thick golden brown waffle with maple syrup and whipped cream

Perfect Pancakes

Add Strawberries or Blueberries for \$1.50

Buttermilk Pancakes

Classic, fluffy buttermilk batter cooked to a golden brown with maple syrup

Full Stack (3) **\$5.95**

Short Stack (2) **\$4.95**

Pancake Sandwich **\$8.95**

Two pancakes, two eggs any style, with bacon or sausage

Walnut pancake

Fluffy pancakes with walnuts, fresh fruit, whipped cream and warm maple syrup

Full Stack (3) **\$7.25**

Short Stack (2) **\$6.25**

Eggs

Eggs any style served with hash browns and your choice of a biscuit with country gravy or toast

Egg whites and Egg Beaters are available upon request for \$1.50

Three Eggs **\$5.95**

Two Eggs **\$5.45**

One Egg **\$4.95**

Perfect Additions

Bacon or Sausage Links **\$2.55**

Hickory Smoked Ham **\$3.55**

Fresh Fruit Cup **\$2.95**

Specialty Breakfasts

Steak and Eggs \$12.95

Charbroiled Sirloin steak and two fresh eggs any style served with hash browns, and your choice of biscuit with country gravy or toast

Protein Omelet \$9.25

Egg whites, sausage, ham, bacon, and swiss cheese, served with sliced tomatoes and your choice of hash browns, toast or biscuit with gravy

Big Sur Breakfast \$12.95

Three eggs any style, ham, bacon, sausage, with hash browns and a biscuit with country gravy

Eggs Benedict \$9.25

Two poached eggs and grilled hickory smoked ham, nestled on toasted English muffins, smothered with homemade hollandaise sauce, served with hash browns

Surfer Burrito \$8.25

Scrambled eggs, cheddar cheese, hash browns, avocado, bacon and wrapped in a flour tortilla with salsa on the side

Fajita Steak Omelet \$10.95

Grilled Marinated sirloin strips sautéed with three colored bell peppers, roma tomatoes, onions, and jack cheese, served with salsa fresca and hash browns

Morning Quesadilla \$9.25

Flour tortilla, stuffed with scrambled eggs, bacon, peppers, onions, tomatoes, cilantro, cheddar and jack cheeses, served with guacamole and sour cream

Jr. Mate's Breakfast Menu

For Children 12 and under

Add Fruit to any dish for \$0.75

One egg any style, with bacon or sausage, hash browns and toast \$3.95

Assorted cold cereals with one slice of toast \$3.00

Corn Flakes

Coco Puffs

Frosted Flakes

Fruit Loops

Cheerios

Raisin Bran

Mickey Mouse Pancake \$3.75

Add strawberries or blueberries \$0.75

Add Bacon or Sausage \$1.50

Junior French Toast \$3.75

Add strawberries or blueberries \$0.75

Add Bacon or Sausage \$1.50

Mate's Beverages

Free refills on all sodas and iced teas

Apple, Pineapple, or Cranberry Juice

Small \$1.05

Large \$1.60

Orange or Grapefruit Juice

Small \$1.75

Large \$2.50

Milk or Chocolate Milk

Small \$0.95

Large \$1.50

**We use fresh ingredients on our menu with 0 trans fat oil
18% gratuity will be added to parties of 6 or more**

Quick and Light

Continental Breakfast

\$6.95

Choice of toast, bagel, or muffin with fruit juice, tea or coffee, and a fresh fruit cup

Granola Bowl

\$5.25

Granola, low-fat strawberry yogurt and sliced strawberries

Hot Oatmeal

\$3.50

Served with brown sugar and raisins on the side

From the Bakery

Toast and Preserves \$1.75

Two Biscuits \$2.25

w/ Country Gravy \$2.95

Cinnamon Roll \$2.95

Pecan Roll \$2.95

Muffin \$1.95

Blueberry, Banana, or Bran

Plain Bagel \$1.95

w/ Cream Cheese \$2.45

English Muffin \$1.75

Sides

One Egg any style \$1.75

Two Eggs any style \$2.25

Three Eggs any style \$2.95

Bacon or Sausage Links \$2.55

Hash Browns \$2.45

Hickory Ham \$3.55

Fresh Fruit Cup \$2.95

Assorted Cereals \$2.55

Raisin Bran, Cornflakes, Frosted Flakes,
Coco Puffs, Cheerios, or Fruit Loops

w/ fruit \$2.95

Bowl of Granola \$3.55

w/ fruit \$3.95

Beverages

Free refills on iced tea, coffee, tea, and sodas only

Iced Tea \$1.50

Milk or Chocolate Milk Small \$0.95 Large \$1.50

Freshly Ground Coffee \$1.50

Fresh squeezed Orange or Grapefruit Juice Small \$1.95 Large \$2.75

Selection of Hot Teas \$1.75

Hot Chocolate \$1.75

Sierra Mist, Pepsi, Diet Pepsi, Lemonade, Mt. Dew, \$1.50

Orange Slice, Root Beer, Raspberry Iced tea

Tomato, Cranberry or Pineapple Juice Small \$1.05 Large \$1.60

(No refills on juices, milk, chocolate milk, or hot chocolate)